

TANZANIA

Marine

WONDERS

Marine Experience

Snorkel vibrant reefs. Dive into open water.
Explore the protected beauty of Mafia Island Marine Park.

From the Field

Stories from rangers and coastal communities.
Inside Mnazi Bay–Ruvuma Estuary Marine Park.

Island Escape

White sands, clear waters, and short boat rides from the city.
Discover Dar es Salaam Marine Reserves.



Lets Us Share the Gift of Nature Together

A GUIDE TO TANZANIA'S MARINE PARKS



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MARINE PARKS AND RESERVES TANZANIA

“The Blue Treasure of Tanzania”

Welcome to Tanzania’s Marine Parks and Reserves, where the nation’s rich marine biodiversity and coastal heritage are carefully protected and celebrated. Located along Tanzania’s beautiful coastline and surrounding offshore islands, these protected areas showcase remarkable marine ecosystems and natural landscapes.

Beneath the clear ocean waters lie vibrant coral reefs, productive seagrass meadows, and diverse underwater habitats that support a wide variety of marine species, including dolphins, whales, sea turtles, and numerous species of tropical fish.

Equally impressive are the coastal environments above the water, which include pristine beaches, tranquil islands and sandbanks, and extensive mangrove forests that play a vital role in supporting coastal biodiversity. These areas also provide important habitats for resident and migratory bird species.

Tanzania’s Marine Parks and Reserves offer opportunities for responsible tourism activities such as snorkeling, diving, marine wildlife observation, and cultural engagement with coastal communities, while promoting conservation, environmental awareness, and sustainable use of marine resources for present and future generations.

MPRU’s role in protecting marine ecosystems:

MPRU plays a key role in protecting marine ecosystems by managing marine parks and reserves, enforcing conservation laws, and preventing destructive activities such as illegal fishing and coral destruction. It also promotes sustainable use of marine resources, environmental education, research, and community involvement to ensure long-term protection of marine biodiversity.

DAR ES SALAAM MARINE RESERVES SYSTEM (DMRS)

This spectacular marine sanctuary includes the beautiful six islands Mbudya, Sinda, Bongoyo, Makatube, Kendwa, Pangavini Islands and one sandbank – Fungu Yasini Sandbank, together with crystal-clear waters, white sandy beaches, and vibrant coral reefs create a perfect escape into nature.



What to experience:

Boat ride along ocean, Swimming with sunbathing, Coconut crabs, 500 Years grave of Sharrif and his wife's, nature trails best for hiking, sunset cruise, diving and snorkerling, night camping along beaches, with glass bottom boat (MV Dodoji) cruising over coral reefs and colored fishes.

How to reach:

- Mbudya Island 15-20 minutes boat experience, from Serene Hotel, White Sands and Kibo Beach Hotel at Mbezi beach.
- Bongoyo Island 25-30 minutes boat experience, from Slipway Hotel at Masaki, Dar es Salaam.
- Sinda Island 20 minutes boat experience Minutes boa Villa Dar Hill.
- Fungu Yasini Sandbank 20-25 minutes boat experience, from Serene Hotel, White Sands and Kibo Beach Hotel at Mbezi beach.



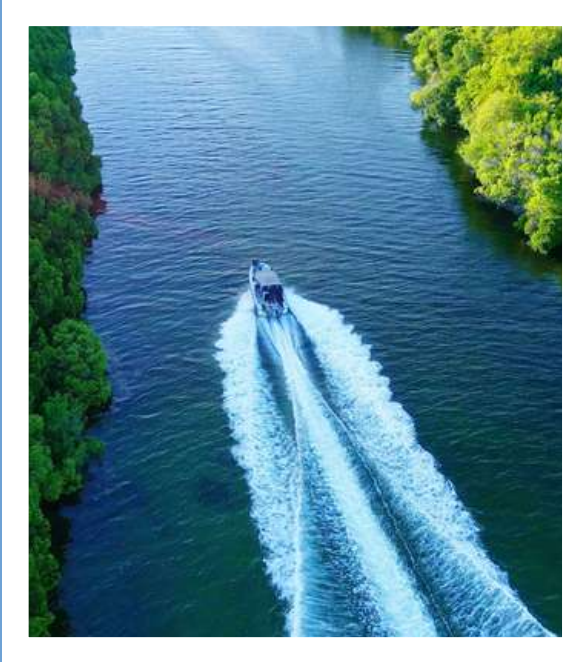


Mbudya Island



MAFIA ISLAND MARINE PARK (MIMP)

A classic world diving destination located along the southern coast of Tanzania, Pwani Region. Mafia Island Marine Park is one of the most beautiful and ecologically rich marine destinations in the Indian Ocean. Renowned for its unspoiled natural beauty, crystal-clear turquoise waters, and thriving marine ecosystems.

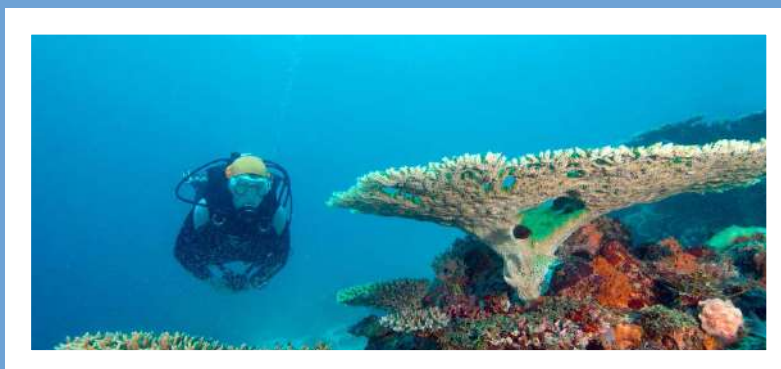


What to experience

- Beyond diving, visitors can enjoy a variety of unforgettable activities including snorkeling in crystal-clear lagoons, swimming in warm tropical waters, exploring hidden sandbanks, bird watching, traditional dhow sailing, and discovering the unique culture of coastal communities.

How to reach:

- To reach Mafia Island Marine Park (MIMP), travel to Mafia Island by a short flight or ferry from Dar es Salaam.
- From the island's main town, take a local boat or vehicle to enter the Marine Park area.



Diving with corals





Beatiful Sea Turtles at the Mafia Island.



Hippopotamus



Diver with a Whale Shark (Papa Potwe)

MNAZI BAY RUVUMA ESTUARY MARINE PARK (MBREMP)

Mnazi Bay Ruvuma Estuary Marine Park is the largest Marine Protected Area (MPA) in southern Tanzania. It covers extensive marine and coastal habitats including coral reefs, seagrass beds, mangrove forests, and small islands that support rich marine biodiversity and sustain local coastal communities.

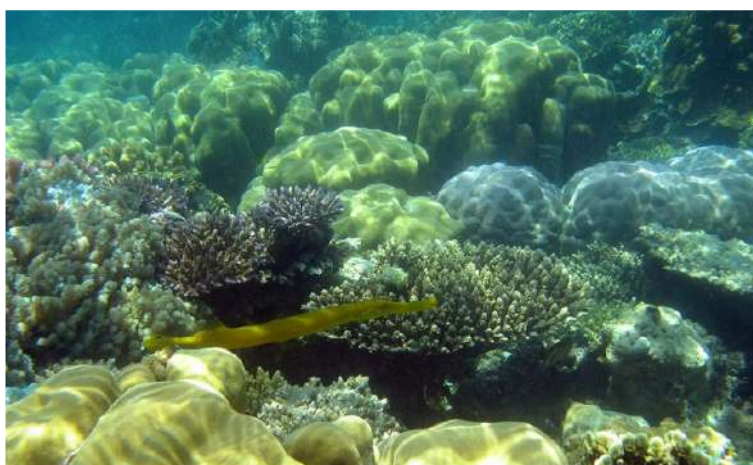
The park is known for its colorful coral reefs, diverse fish species, dolphins, sea turtles, and seasonal whale sightings. Visitors can also explore mangrove forests, sandy beaches, and offshore islands while enjoying activities such as snorkeling, marine wildlife viewing, and boat excursions.

How to reach:

- To reach Mnazi Bay–Ruvuma Estuary Marine Park (MBREMP), travel to Mtwara by road or flight from Dar es Salaam, then drive about 1–2 hours south to coastal villages like Msimbati.



Sea turtle



Coral reefs





Dolphins



Humpback Whale



Msimbati Beach

TANGA COELACANTH MARINE PARK (TACMP)

Nestled along Tanzania's tranquil northern coastline, Tanga Coelacanth Marine Park is a rare and captivating destination where nature, mystery, and marine beauty meet. Renowned as the home of the ancient Coelacanth, this extraordinary park offers a unique blend of scientific wonder and untouched coastal charm—making it one of the most distinctive marine destinations in East Africa.

From vibrant coral reefs and diverse marine life to serene beaches and authentic Swahili coastal culture, the park invites visitors to explore, relax, and connect with the ocean. Whether enjoying snorkeling, scenic dhow cruises, or peaceful seaside escapes, Tanga Coelacanth Marine Park promises an inspiring and unforgettable tourism experience for nature lovers, adventurers, and those seeking something truly unique.

How to reach:

- Travel By Air via flights from Dar es Salaam or Zanzibar Airports to Tanga Airport, with onward transport available upon arrival.
- Travel by road from Dar es Salaam takes approximately 5–6 hours and provides scenic views of the countryside and coastline.





Coelecanth fish



Rocky reefs



Coastal habitats



Maziwe Island crab



Maziwe Marine Reserve, Pangani (Tanga)



Sea Turtle

MPRU RESERVATION AND PAYMENT SYSTEM (MPRS)

Marine Parks Reservation and Payment System (MRPS) is an online platform that allows tourists to book visits, pay fees, and access marine park services easily and securely. It enables tourists and tour operators to make reservations remotely without physically visiting park offices, ensuring convenient access, fast service delivery, and improved management of marine park activities, while also supporting conservation and sustainable tourism.

How to Access MRPS:

- Step 1: Visit MPRU website (*booking* at the top bar)
- Step 2: Register as a new user or log in with your account.
- Step 3: Select the marine park or reserve you wish to visit.
- Step 4: Choose your service or activity (entry fee, night camping, or tours guide).

How to Pay:

- Step 1: Click “Generate bill” after selecting your service.
- Step 2: Choose your payment method:
 - Mobile money (M-Pesa, Mixx by Yas, Airtel Money)
 - Credit or debit card
 - Bank transfer
- Step 3: Enter control number, confirm the amount, and submit payment.
- Step 4: Receive entry permit electronically.

Entry Verification:

Visitors must present their valid Entry Permit together with an official identification document (passport or national ID) at the park office or entry gate. No access will be granted without verification.



Scan here to book your visit

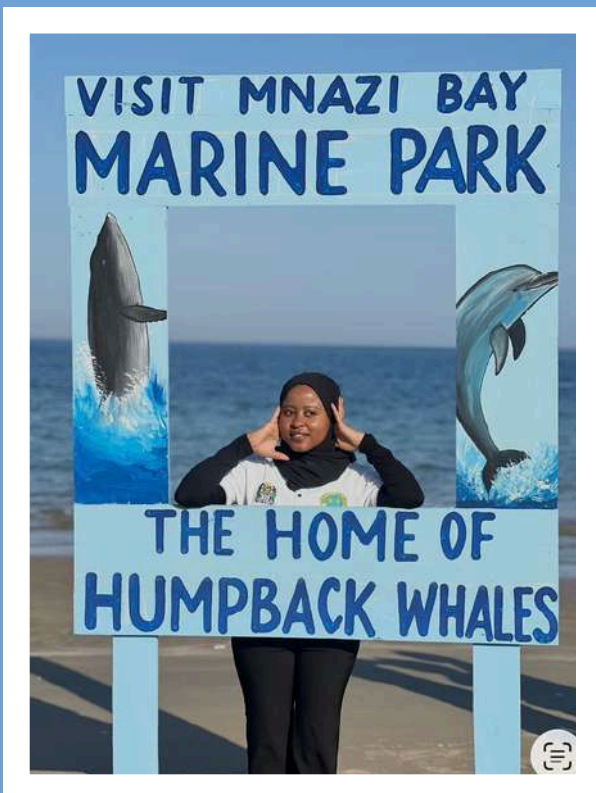
EXHIBITIONS & OUTREACH



Showcasing Tanzania's Marine Parks and Reserves to tourism stakeholders and global visitors at one of the country's premier travel expos.



Engaging the public through interactive outreach, highlighting marine conservation and sustainable Tourism.



A moment at Mnazi Bay-Ruvuma Estuary Marine Park the renowned home of seasonal humpback whale migrations.



Connecting with communities and students through hands-on environmental education and awareness initiatives.



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Lets Us Share the Gift of Nature Together